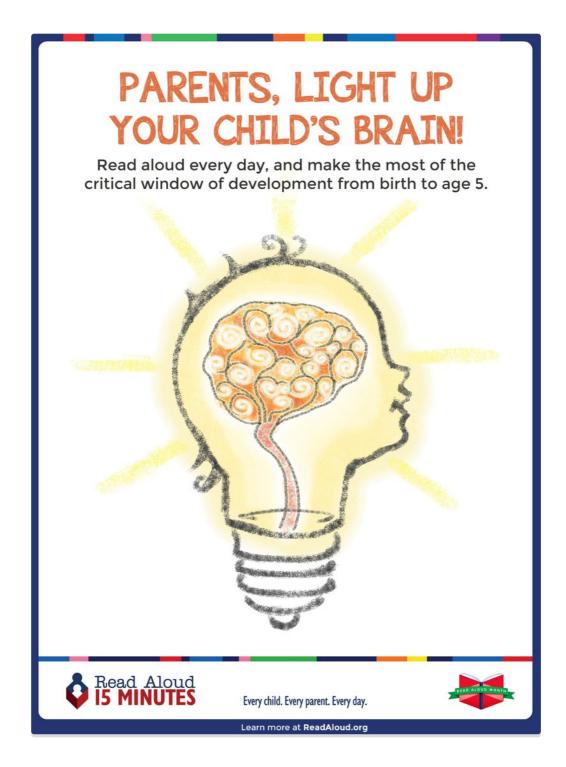
## September 2023 News to Know

JC Schools Parents as Teachers Missouri Curriculum Partner



#### **Build Your Child's Brain (and Earn Prizes) by Reading Together!**

Reading together is a fun way for you and your children to bond while developing school readiness skills — such as talking, writing, reading, playing and singing — and a lifelong love of reading. We encourage all families to participate in the **1000 Books Before Kindergarten program**, which is available at both the Missouri River Regional Library and the Holts Summit Public Library. Just like it sounds, the goal of this program is for your child to hear 1000 books before they start school.

Join anytime from birth until a few months before your child starts kindergarten. Since the program is self-paced, it can take a few months to a few years, depending on how often you read together. For most little ones, it will take 2-3 years — and that's okay! If you read a few books each day, it will go faster so it's never too late to start. Any kind of book counts toward the goal--you can read 1,000 different books, repeat the same books, watch animated picture books or listen to audiobooks. You can count books read at daycare, preschool, by grandparents or others, and the books you read with your child at home.

To learn more and sign up, select your library below:

- <u>Holts Summit Public Library</u>: <u>sign up online</u> and download reading logs, pick logs up at the library, or track books via an app. Stop by the library for prizes at various milestones!
- Missouri River Regional Library: sign up at the children's desk or ask your PAT parent educator to bring you an enrollment form on a visit. Download reading logs, get one from your parent educator, or use the app to track books read. Stop by the library for prizes after each 100 books read, or ask your parent educator to turn in your log for you and provide you with the prizes at the 100, 200, 300, 400,500, 600, 800, and 900 total books read levels. You will still go to the library for the 700 and 1000 books read levels for some larger prizes, and of course you can choose to go to the library for prizes for any other level.





#### **September Community Events:**

Please check with the hosts for details or cancellation information. Inclusion of events on this listing does not imply endorsement of said events. If you know of an event that is not on our list, please <u>let us know</u> and we'll share it on our Facebook page.

**On your schedule:** Enjoy music and movement (new video alternate Thursdays) from the Daniel Boone Regional Library (Holts Summit Public Library).

<u>Laughing Matters: The Alphabet Show.</u> Watch on YouTube September 1-30. Come along with Jay and Leslie Cady of Laughing Matters as they take you on a virtual journey through the alphabet in this lively pre-recorded program. Kids will learn about upper- and lowercase letters as Jay and Leslie share their juggling and theatrical skills. Leslie's dragon puppet, Darrin, makes an appearance as well. For families (26 minutes).

**Tuesdays at 10: Family Storytime** at the <u>Holts Summit Public Library</u>. Rhymes, stories, and fun for families with children 5 and younger.

**Tuesdays at 10:30: Preschool Story Time** at <u>Missouri River Regional Library</u>. Stories and music for preschoolers, ages 3-5. No reservations needed.

**Wednesdays at 10:30: Family Storytime** at Missouri River Regional Library. Stories, music, crafts and activities for families.

**First and third Fridays at 9:30, 10:15 or 11 a.m.: Rhyme Time** at Missouri River Regional Library. A special time for babies and their caregivers featuring music, movement and socialization. For children 2 and under and their caregivers. No reservations needed.

<u>Open Play</u> at <u>Tiny Tumblers</u> for children 1-6 years old, (1716 Four Seasons Drive, JC). Monday, Wednesday, and Friday from 9:00-10:30 a.m. and Sunday 6-7:30 p.m. \$5 per child per visit or \$40 for 10 visit voucher.

<u>Pop In and Play</u> at <u>Mommy & Me-Before, During, and After</u>: The Pop In And Play area is open anytime the store in open (Monday - Saturday from 8:30 am until 2:30) at 3526 Amazonas Drive. There is a \$5 entry fee for each child 6 months and older at each visit. Coffee and snacks are available for purchase.

Often additional events come available after our newsletter is created, and we share these on our Facebook page as we learn about them. Follow our page for timely information about upcoming community events.

**Thursday, September 7:** <u>Little Acorns: Animal Wrappers</u> at Runge Conservation Nature Center, 10-11 a.m. Animals definitely do NOT wear clothes! What exactly do animals "wear"? This month we will examine the coverings of various animals and figure out why animals do not need to wear clothes. <u>Registration required.</u> Ages 3-6.

**Friday, September 8:** Little Acorns PLUS: Animal Wrappers at Runge Conservation Nature Center, 10-11 a.m. Animals definitely do NOT wear clothes! What exactly do animals "wear"? This month we will examine the coverings of various animals and figure out why animals do not need to wear clothes. Registration required. At least one child in the 0-2 age range AND at least one child in the 3-6 age range.

**Friday, September 8:** Sensory Play Day at Missouri River Regional Library, 10:15-11 a.m. Drop in and enjoy an open learning and play time featuring a variety of sensory and activity stations for ages 3 and under.

**Saturday, September 9:** <u>Mighty Machines</u> at Capital Mall (Dillards parking lot), 10 a.m.-1 p.m. Join JC Parks and the Capital Mall for a fun-filled event for families and kids to see mighty machines that are designed to do some amazing things! From large equipment, specialty vehicles, and more, there will be plenty for the young and young at heart to enjoy!

**Sunday, September 10:** Capital Chalk Fair at Memorial Park, 11 a.m.-4 p.m. Join Capital Arts for a community Art Festival and enjoy the music and performances, food trucks and wander around to visit artist booths featuring a wide variety of art to buy or try. If you'd like to create chalk art, complete the entry form here. Early entry deadline is September 4, 2023. Day of registration is first come, first serve.

**Wednesday, September 13:** <u>Babes in the Woods: Animal Wrappers</u> at Runge Conservation Nature Center, 10-11 a.m. Animals definitely do NOT wear clothes! What exactly do animals "wear"? This month we will examine the coverings of various animals and figure out why animals do not need to wear clothes. <u>Registration required</u>. Ages 0-3.

**Wednesday, September 13:** <u>KidSight Free Vision Screening</u> at Missouri River Regional Library, 10-11 a.m. Representatives from KidSight will be at the library to offer quick, free vision screening for children six and under.

**Wednesday, September 13:** Evening Family Storytime at Missouri River Regional Library, 6-6:30 p.m. Stories and songs for families. No reservations needed.

Saturday, September 16: <u>Discover Nature Puppet Show: Bein' Cool When It's Hot</u> at Runge Nature Center, 11 a.m. and 1 p.m. Missouri's animals are cool, even when the weather is hot. Woodchuck and Chipmunk chill out near each other underground. They are curious about how other critters keep their cool when it is hot. Come to Runge's puppet theatre and share what they discover. No registration required. All ages.

**Saturday, September 16:** <u>JCMG's 30th Anniversary Celebration Festival</u> at the JCMG Medical Building's main entrance parking lot (1241 W. Stadium Blvd., JC), 3-9 p.m. KIDS' ZONE (bounce houses, face painting, balloons, photo booth, JCFD & Cole County EMS truck tours), food trucks, and a family-friendly outdoor concert by Five Turn Knot at 6 p.m.--bring your own lawn chairs.

Saturday, September 16 & Sunday, September 17: Show Me State Airshow at the Jefferson City Airport, gates will open at 9 a.m. with aerial performances and demonstrations starting at 11 a.m. and ending at 2 p.m.. This year's air show line-up will feature a parachute team, several warbirds, military aircraft, aerobatics and so much more. Some rare and beautiful warbirds will also be on display, as well as various memorabilia from Vietnam, WW I & II, and more. Enjoy demonstrations from the RE/MAX skydiving team and military aircraft, including a Douglas A-Q Skyraider and a Douglas AC-57 Gunship, both provided by the American Flight Museum in Topeka, Kansas. There will also be aircraft and vintage cars as part of a static display in addition to a kid's area, food vendors, and merchandise booths. This is a rain-or-shine event. Attendees are encouraged to bring their own folding chairs or blankets.

**Tuesday, September 19: Conscious Discipline Parent Meetings** at the Southwest Early Childhood Center, 8 a.m. and 5:30 p.m. (the same information will be shared at each time, so pick the one that works best with your schedule). If you have a student in the JC Schools Preschool Program, Early Childhood Special Education, or JC STEP 2 program, you're invited to come meet other parents and learn about the Conscious Discipline approach used at Southwest and how you can apply it at home

too. If possible please leave children at home (we understand if you can't, but they MUST stay with you quietly at all times so that all participants are able to learn). Families enrolled in Parents as Teachers who do not have a student at Southwest are welcome to join us, but please <u>email us in advance</u> so we can let you know which entrance to use when you arrive.

**Wednesday, September 20:** <u>Baby & Toddler Time</u> at the Holts Summit Public Library, 10-10:45 a.m. Bond with your little one through books, songs and play. Ages birth-36 months.

**Thursday, September 21:** <u>Little Acorns PLUS: Animal Wrappers</u> at Runge Conservation Nature Center, 10-11 a.m. Animals definitely do NOT wear clothes! What exactly do animals "wear"? This month we will examine the coverings of various animals and figure out why animals do not need to wear clothes. <u>Registration required</u>. At least one child in the 0-2 age range AND at least one child in the 3-6 age range.

**Friday, September 22:** <u>Family Movie Night: Spiderman Across the Spider-Verse</u> (**PG**) at Missouri River Regional Library, 6-8 p.m. No reservations needed. Family Event. Blankets and pillows welcome! Light snacks will be provided. NOTE: This is an after-hours event- the library doors will be closed at 6:15 pm.

**Saturday, September 23:** <u>Stretch Into Storytime</u> at the Holts Summit Public Library, 10-10:45 a.m. Parents and kids can join us to exercise body and mind with yoga poses, songs and a story. Please <u>register in advance</u>, bring a towel or a yoga mat and dress for comfortable movement. Ages 3-8.

Saturday, September 23: Insects: Monarch Mania at Runge Conservation Nature Center, 10 a.m.-2 p.m. Come discover the majesty of this butterfly through various hands-on activities that will leave you in a state of "monarch mania." Help Runge staff tag monarchs on their way to Mexico, create a symbolic butterfly to send to children in the monarch's overwintering site, or test your survival skills in our Monarch Migration game. Talk with experts on butterflies and butterfly habitat and learn simple steps you can take in your own backyard to help this magnificent creature. No registration required. All ages

**Tuesday, September 26:** <u>Little Acorns: Animal Wrappers</u> at Runge Conservation Nature Center, 10-11 a.m. Animals definitely do NOT wear clothes! What exactly do animals "wear"? This month we will examine the coverings of various animals and figure out why animals do not need to wear clothes. <u>Registration required</u>. Ages 3-6.

**Saturday, September 30:** Oktoberfest in Old Munichburg (Broadway, Dunklin, and Washington streets), 10 a.m.-6 p.m. Celebrate the Southside's rich heritage with festival activities including craft and food vendors, main stage entertainment, Kids' Corner, Dachshund Derby and costume contest at 1 p.m., craft demonstrations, and the Mid Mo Old Car Club show.

Save the date: Sunday, October 1: Porchfest JCMO, Forest Hill Avenue, 1-4 p.m.



#### Thinking ahead to the holidays

It's hard to think about Christmas when it's still so warm outside, but if you could use assistance with gifts for your children and plan to apply for <u>Christmas Adoption through the Samaritan Center</u>, you will need to be registered with them as a client and have a current file by September 21. They will begin making appointments (to be held in October) during pantry hours starting September 25.

# Proud partner of the CAPITAL CITY DIAPER BANK



Ask us how we provide diapers to families as part of our services.

### Need diapers? We can help! Got extra diapers? You can help others!

Nearly half of families with young children have experienced diaper need (not having enough diapers to keep an infant or child clean, dry, and healthy). We are excited to be able to offer diapers thanks to our partnership with the <u>Capital City Diaper Bank!</u> If you report that your family meets low income guidelines when reviewing family experiences and stressors with your parent educator, she will share more information about how you can receive diapers each month that you complete a home visit. Sizes preemie through 6 are available in packages of 25. Training pants sizes 2T-3T to 4T-5T (in a package of 10) and wines may be available.

The Capital City Diaper Bank asks that families receive diapers from only one of its partner agencies each month. If you don't participate in personal visits with us, one of these agencies may be able to help. Each has its own requirements for eligibility and plan for how they are distributed to their clients. If you do not already work with one of these agencies, the <u>Pregnancy Help Center</u> can provide you with a package and connect you with ongoing supports.

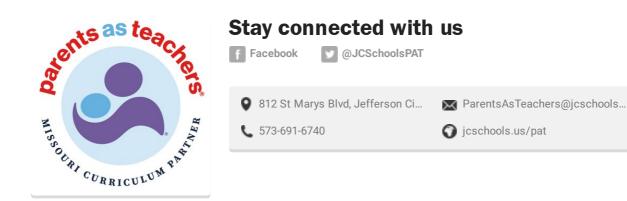
- Beni Births, LLC
- Common Ground Community Building
- Jefferson City Diapers (diaper pantry at Bibleway Community Church)
- <u>Little Explorers Discovery Center</u>
- Pregnancy Help Center of Central Missouri

If you have discovered that your child is sensitive to a certain brand or they have outgrown a size before finishing a package, the Capital City Diaper Bank accepts donations of opened boxes or bags of diapers from smoke-free homes. Please <u>send them an email</u> or find them on <u>Facebook</u> if you'd like to make a donation of extra diapers, volunteer, or support them another way. Share their social media posts to spread the word during National Diaper Need Awareness Week, September 18-24, 2023!

#### Come join our team!

We are looking for additional parent educators to join our team so we can serve all families in our community who would like to participate in personal visits. If you or someone you know has education and experience with young children and their families and would enjoy a flexible schedule (a combination of days and evenings, with school holidays and summers off), check out the job posting and apply <u>HERE</u>.





JC Schools' Parents as Teachers is part of the Southwest Early Childhood Center, whose mission is that "all individuals will be respected, supported, appreciated, and safe."

Let us know how we are doing with supporting that mission as we partner with your family!

